

Tana Macpherson-Smith

The Monkey-Mind Speaker | Child Mental Health Visionary
Founder of ClearMinds Education | Author



LEADING A GLOBAL SHIFT IN CHILDREN'S EMOTIONAL AND MENTAL HEALTH

Tana Macpherson-Smith is not just speaking about the global mental health crisis - she's reimagining the solution.

With 25+ years in education and a decade as a trauma therapist and transformation coach, Tana is a bold and compassionate voice for prevention-first mental health. Through storytelling, keynote speaking, and strategic programmes for schools, organisations and global audiences, she empowers people to see the child behind the behaviour, and the story behind the struggle.

Speaking candidly about her own journey from childhood trauma, through catastrophic breakdown to full recovery, Tana shares how her pain spawned her mission to transform the mental health of future generations by creating a global shift in how we raise, educate and support children from conception onwards.

From the classroom to the conference stage, Tana brings hope, insight, and practical tools for deep, lasting change. Tana inspires mindset shifts that last and transforms the way people think about mental health – forever.

Tana's Talks offer a profound shift in how we view mental health: from crisis response to prevention

- **For teenagers:** A powerful, relatable understanding of why they think, feel and act the way they do - and how to shift their mindset to feel stronger, braver and achieve more in all areas of their lives.
- **For parents and educators:** Clarity, compassion and practical tools to understand the emotional roots of behaviour - and how to raise and support children with long-term wellbeing in mind.
- **For organisations and leaders:** A deeply personal lens on trauma, recovery and resilience - inspiring reflection, purpose and renewed commitment to human-centred leadership and mental health.



Tana Macpherson-Smith
The Monkey Mind
Speaker

WHY TANA?

- Creator of the **Monkey Wisdom™** approach, rooted in neuroscience, storytelling, and emotional truth.
- Author of **'There's a Monkey on Your Shoulder'** - a YA novel that puts the spotlight on the root cause of mental health issues, provides simple solutions and is resonating with readers aged 11 to 90+.
- Accredited speaker with **The Big Talk Academy**
- Known for disarming honesty, warmth, and a bold refusal to tiptoe around the truth.
- Winner - LoveBiz Networking -
Inspirational Business Woman of the Year 2024

BOOK TANA TO SPEAK

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"Tana delivers a masterclass in public speaking on the tricky and often awkward (but much needed) subject of mental health. She's brave. She's bold. She goes there."

- Andrea Gamson, Commercial Director, Social Starters